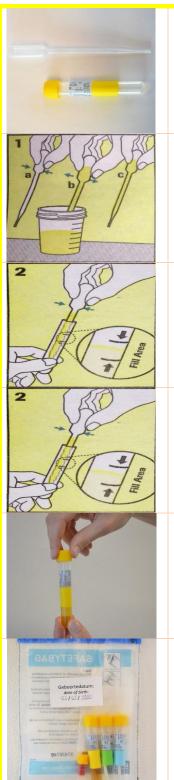
INSTRUCTIONS URINE TEST

This is a reliable test for chlamydia and gonorrhoea.

Please take your time to read the instructions. It shouldn't be difficult, but please follow the instructions carefully. This way, errors between the collection and sending to the lab can be prevented.



- 1. Collect preferably morning urine. If not possible, make sure you didn't pee for an hour before collecting the urine
- 2. Collect the first stream of your urine in a cup. Take the plastic pipette and squeeze the upper part. Then put the pipette in the urine and stop squeezing so that the pipette fills with urine.
- 3. Place the pipette in the tube and squeeze the upper part of the pipette. The urine will be emptied into the tube.
- 4. Repeat these steps until the urine level is **between the lines** on the tube.
- 5. Close the cap of the tube carefully.
- 6. Put the tube into the plastic safety bag.

Close and seal the safety bag only when <u>all tests</u> are inside.