



INFORMATION LETTER HOME-SAMPLING TEST

This home-sampling testkit is provided by the Maastricht University Medical Centre and the Public Health Services of Limburg (GGD). These home-sampling tests for chlamydia, gonorrhoea, syphilis and HIV, are reliable and free. It is possible to have an STI without the occurrence of any symptoms. This means you can infect others without being aware of it. An untreated STI can cause permanent health problems.

This package includes several GGD STI tests. It consists of:

- Urine test (pipette and tube with **yellow** sticker)
- Throat test (swab and tube with **green** sticker)
- Anal test (swab and tube with **blue** sticker)
- Blood test (bag with **red** sticker)

How does it work?

1. Read the instructions of each test carefully. It does not matter in what order you complete the tests but complete them one by one.
2. After completing a test, **put the sample in the blue safetybag and close the safetybag when all 4 tests are included.**
3. Put the safety bag in the box and **write down the date when you completed the tests on the sticker** (on the inside of the package)
4. **Send it as soon as possible** to the GGD, preferably on the same day you did the tests. Preferably on a weekday (from Monday to Thursday), not on a holiday. The samples have a limited shelf life.
5. Send the return box with regular post (no stamp required), for example in the orange PostNL letterbox.

Important: Take these tests within one week after receiving the package!

Test results

Before you completed the online questionnaire. This questionnaire is necessary for the process of your content.

Results will be provided to you within three weeks.

- If your results are good (negative) and you do not have an STI, you will receive a text message (SMS) or e-mail from the GGD.
- If you happen to have an STI, the GGD will call you to make an appointment to discuss further details and treatment.

Confidentiality is important to us and we will not disclose any information to others. Only you will receive the test results, nobody else. If you have any questions about your results, please call our GGD callcenter, department sexual health. Phone number: 088-8805072, Monday to Friday available between 08.00 and 12.15 and on Monday and Wednesday between 13.30 and 15.30.

Please keep this information letter. The sticker at the top of the Dutch side of the paper contains a personal code. If you contact us for questions, we will ask you to share this personal code.

If you have questions about the testkit, or if there is something wrong with the package which prevents you from returning it, please send an email to:

Limburg4Zero@ggdzi.nl



More info? Scan the QR-code