

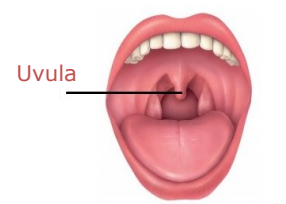
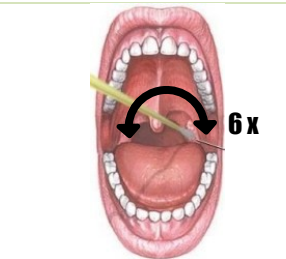
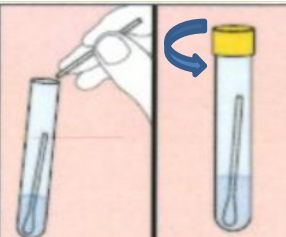



INSTRUCTIONS THROAT TEST

This is a reliable test for chlamydia and gonorrhoea

Please take your time to read the instructions. It shouldn't be difficult, but please follow the instructions carefully. This way, errors between the collection and sending to the lab can be prevented.

	<p>1. To collect mucus from the throat, we recommend to let someone else do it for you. If this is not possible, stand in front of a mirror so you have good view into the throat.</p>
	<p>2. Put the tube in a cup so that the liquid does not flow out. Open the tube and take the cotton swab. Do not touch the cotton.</p>
	<p>3. Try to relax and bend your head slightly backwards. Open your mouth wide and say 'AAA' so you can see your uvula clearly. Try to prevent the cotton touching your mouth or tongue.</p>
	<p>4. Bring the cotton swab to the back of the throat and swipe 6x back and forth along the wall and behind the uvula.</p> <p><i>In case you get a gag reflex, wait a few moments and resume until you reach 6.</i></p>
	<p>5. Place the cotton swab back in the tube with the liquid. Break the stick at the black mark and close the tube.</p>
	<p>6. Put the tube into the plastic safety bag.</p> <p>Close and seal the safety bag only when <u>all tests</u> are inside.</p>